

Angel of God, my  
guardian dear,  
to whom God's love  
commits me here,  
ever this day  
be at my side,  
to light and guard,  
to rule and guide.

Amen.



## God Made the Angels

God made all things from nothing by His almighty power. He made the angels. Angels are spirits – they have no bodies. They have a mind and a will, for they can know and love God. God gave them great wisdom, power, and holiness. They are His messengers and servants.

Angels – messengers from God – appear frequently in scripture, but only Michael, Gabriel and Raphael are named. You may recall the story of the angels that the shepherds heard sing when Jesus was born. There are many other accounts of angels in the Bible. They help to keep us from sin and do good deeds. The angels are very powerful friends to have in Heaven.

Michael, whose name means “Who is like God?”, appears in Daniel’s vision as “the great prince” who defends Israel against its enemies. In the book of Revelation, he leads God’s armies to final victory over the forces of evil. He is the protector of the Church.

Gabriel’s best-known appearance is an encounter with a young Jewish girl named Mary, who consents to bear the Messiah.

Raphael’s activity is confined to the Old Testament in the Old Testament story of Tobit.

Each of these archangels performs a different mission in Scripture: Michael protects; Gabriel announces; Raphael guides.

The feast day of the archangels is September 29.





## You Have A Guardian Angel

**G**OD has given you an angel to be your faithful friend and to help you while you are on earth. This angel is God's messenger to tell you what God wants you to do. They will keep your soul from sin and will protect your body from harm. They are called your Guardian Angels because they guard you from evil.

Your Guardian Angel loves you because God loves you. They love you because your soul is so precious that Jesus shed His Blood on the cross to save it.

Ask your Guardian Angel to help you to save your soul so that you may see God in heaven forever.

Pray to him in these words:

“Angel of God, my guardian dear,  
Through whom God's love protects me here;  
Ever this day be at my side,  
To rule and guide.

Amen.”



## Love Your Guardian Angel

**H**ONOR and love your Guardian Angel as your friend, for God has given them to you. Thank them and obey them when they tell you to do what is right and to stay away from what is evil.

Pray to your Guardian Angel each morning and night, and when you need their help.





the books of  
**THE BIBLE**

**OLD TESTAMENT**

**LAW**

Genesis, Exodus,  
Leviticus, Numbers,  
Deuteronomy

**HISTORY**

Joshua, Judges, Ruth,  
1 Samuel, 2 Samuel, 1 Kings,  
2 Kings, 1 Chronicles, Ezra,  
Nehemiah, Esther

**POETRY**

Job, Psalms, Proverbs,  
Ecclesiastes,  
Song of Solomon



**MAJOR PROPHETS**

Isaiah, Jeremiah,  
Lamentations, Ezekiel,  
Daniel

**MINOR PROPHETS**

Hosea, Joel, Amos, Obadiah,  
Jonah, Micah, Nahum,  
Habakkuk, Zephaniah, Haggai,  
Zechariah, Malachi

**NEW TESTAMENT**

**GOSPELS**

Matthew, Mark,  
Luke, John

**HISTORY**

Acts

**LETTERS OF PAUL**



Romans, 1 Corinthians,  
2 Corinthians, Galatians,  
Ephesians, Philippians, Colossians  
1 Thess, 2 Thess, 1 Timothy,  
2 Timothy, Titus, Philemon

**LETTERS**

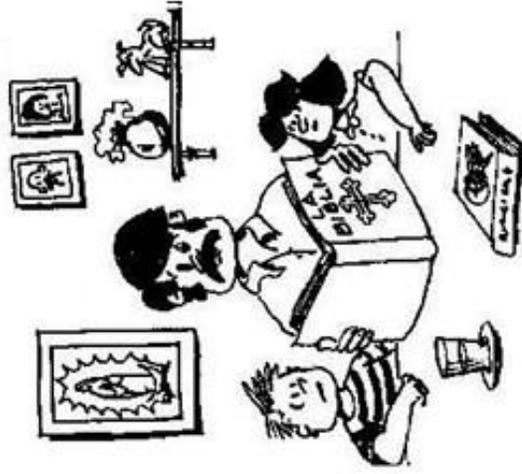
Hebrews, James, 1 Peter,  
2 Peter, 1 John, 2 John,  
3 John, Jude

**PROPHECY**

Revelation



# The Bible



## What is the Bible?

The Bible is the Word of God. The Bible is also called Sacred Scripture. God is the author of sacred scripture. It was written by many different people over many **many** years. They were all inspired by God the Holy Spirit. They wrote what God wants you to hear.

The Bible tells about God's love from the beginning of time. It tells how faithful God has always been. It is the

story of God looking for people and people looking for God.



## How is the Bible put together?

The Bible is divided into two parts: the Old Testament and the New Testament. Each of these is made up of "books" which have numbered chapters. The chapters have numbers on each "verse". This way someone can tell you exactly where to find something in the Bible.

For example Luke 16:19-31 means to look in the book of Luke, in chapter 16 for verses 19 to 31; or Daniel 6:11-24. There are 46 books in the Old Testament and 27 in the New Testament, adding up to 73 in all.

## What's in the New Testament?

The New Testament starts just before the birth of Jesus and tells us about Him and His message. It continues

with how the Apostles spread the good news of Jesus. The New Testament has three parts: The Gospels, the Acts of the Apostles, and the Epistles.

Gospel means "Good News". There are four Gospels named The Gospel of Matthew, The Gospel of Mark, The Gospel of Luke and the Gospel of John. Every day a different part of one of the Gospels is read in Mass. If you listen carefully and go to Mass every day, in three years you will hear just about all of these four books.

The Acts of the Apostles tells what the apostles did after Jesus rose to heaven. It tells of the work they did and how they were persecuted and how they started the Church.

The Epistles are letters that were written by the apostles to the early churches. They were often written to help the people understand things that they were confused about. The second reading at Mass is usually from one of these letters.

## What's in the Old Testament?

The Old Testament contains stories about the creation of the world and the history of the people of Israel, who are God's chosen people and from whom Jesus would be born, and wisdom and songs of praise to God. There are some really dramatic and exciting stories in the Old Testament.

## How Do I Read the Bible?

The Bible may seem like a big huge book but it has so much in it that many of the stories are actually very short. Most Bibles have headings that help you to find where stories begin. Since these books were written by people who lived in another time and culture, it often helps to find out more about them so you know why they said things the way they did. After the priest reads the Gospel at Mass he usually explains it to us because there are many things that might not be clear. When you are reading the Bible on your own, ask the Holy Spirit to help you understand it – after all, He is the author! But even if something doesn't make sense, keep on reading. The Bible is full of good things!



## What Will God Say to Me in the Bible?

Wouldn't it be great if God would sit right in front of you and talk to you about your life—your hopes, your dreams, your fears? Well, guess what? God is present in a special way when you open the Bible. Reading the Bible is a way to listen to God. You'll be amazed at how many times your reading will help you with something going on in your life.

The mind and heart and secrets of God – the words of Jesus Christ – are right here in the Bible. And in some ways you're even luckier than those who saw Jesus in person, because they only got to hear part of his teaching before he moved on to another town. Through

the Bible you get the best of his teachings, thanks to the early Christians who recorded it and compiled it.

God's Word is right in your hands, waiting to find a home in your life, to nourish you with spiritual food that leads to everlasting life.

**Read the Bible!** It is the most important book in the world and the greatest story ever told. Read it and find out why.

# Lectio Divina

## Lectio

- “Read”
- Read several times, be attentive to detail
- Note verses or phrases that stand out to you
- Work to understand meaning and background

## Meditatio

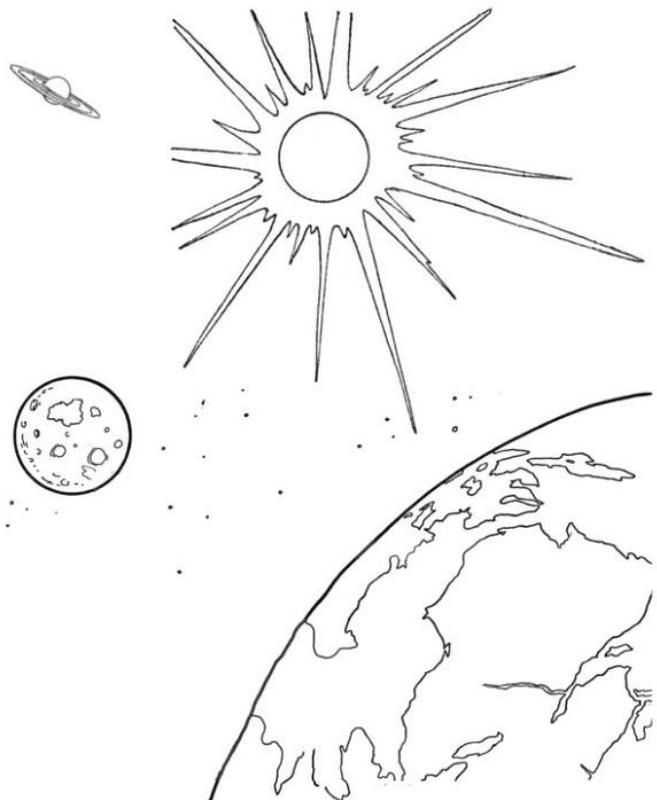
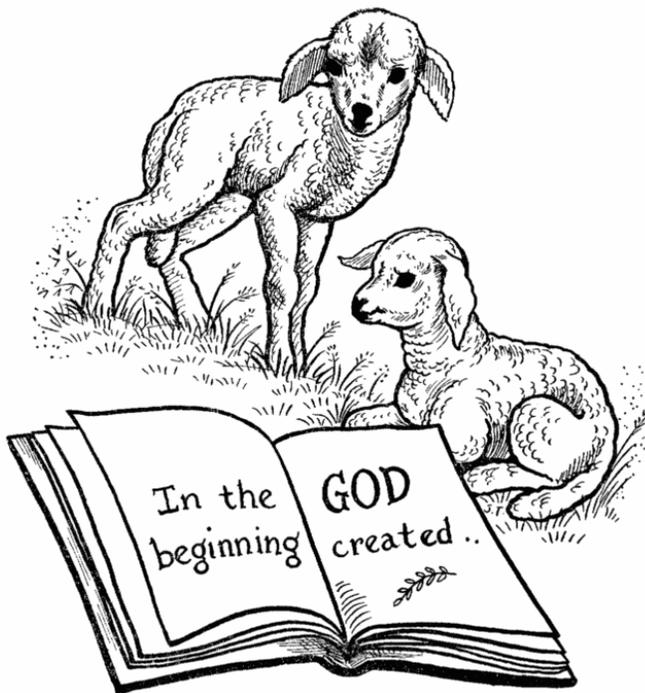
- “Meditate”
- Think about reading and connect to your life
- Imagine being present to hear the passage or witness the story

## Contemplatio

- “Contemplate”
- Quiet expression of love between you & God
- Note what God is trying to teach you through the passage & time of prayer

## Oratio

- “Pray”
- Dialogue with God in prayer about passage
- Thank God for His Word
- Ask Him to lead you to deeper understanding



Thank You God, for everything.

