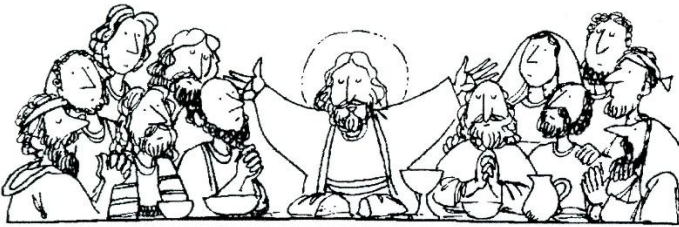


We call this food Eucharist... Not as common bread nor common drink do we receive these; but since Jesus Christ our Savior was made incarnate by the word of God and had both flesh and blood for our salvation, so too ... the food which has been made into the Eucharist ... is both the flesh and blood that incarnated Jesus.

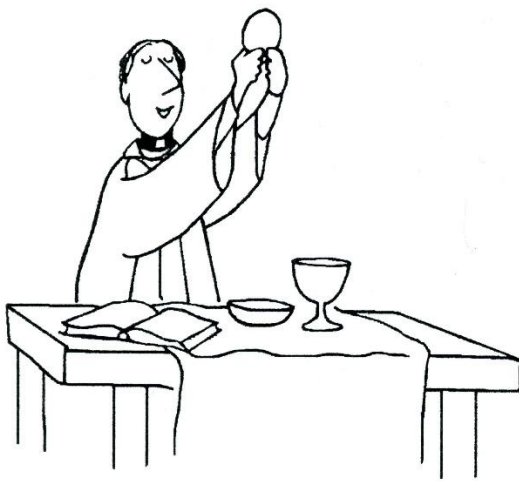
St. Justin Martyr

Jesus is with us too!



During the Liturgy of the Eucharist, the Mass follows closely what Jesus Himself did at the Last Supper. The priest does the actions and says the words of Jesus.

When he says:
THIS IS MY BODY,
at this exact moment,
it is no longer bread, but truly the Body of Christ.
When he says: **THIS IS THE CUP OF MY BLOOD**
it is no longer wine, but Jesus' true blood, shed for the forgiveness of our sins.

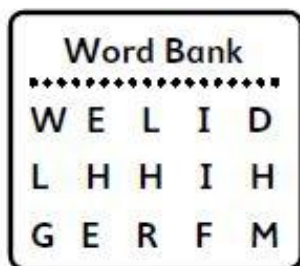


Jesus is now present Body, Blood, Soul and Divinity, really and truly present in the Eucharist. Jesus is in every host, in every part of every host. He is in every drop in the cup. Jesus gives Himself to us in Communion.

Session 6

Body of Christ Puzzle

Fill in the blank circles below with letters from the Word Bank. Use the letters to form a phrase that describes what Jesus is for us. Then color in the picture of Jesus as he is described by this phrase.



○ A ○ T ○ ○ ○ ○ ○ T
○ ○ T ○ ○ ○ ○ ○



Saint Tarcisius

August 15

TARCISIUS lived in Rome. He served Holy Mass in the catacombs, where the Christians worshiped God because they were persecuted by the pagans.

One day Tarcisius was carrying the Blessed Sacrament to the martyrs in prison when he was caught and beaten. But he did not give up the Eucharist. He died as a boy martyr of the Holy Eucharist. The Christians buried his body with honor in the catacombs. This happened in the third century.

The story of Tarcisius reminds us how much the Christians loved the Blessed Sacrament. Holy Mass and Holy Communion gave them strength to die for their Faith.

Tarcisius teaches children to love Jesus in the Eucharist as their best Friend. He will help them to be good and to make sacrifices for their Holy Faith as Tarcisius did, for he gave his life for the love of Jesus.

We should ask St. Tarcisius for a greater love of Jesus in Holy Communion.