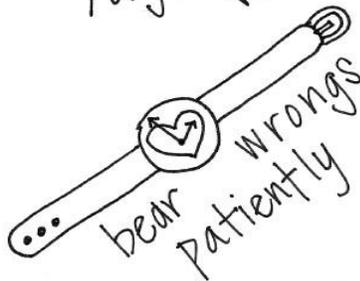
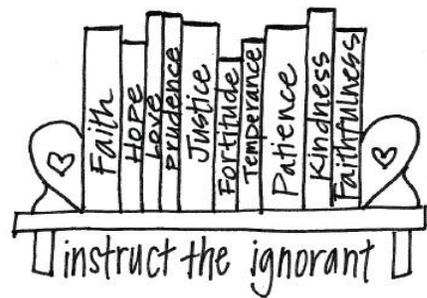


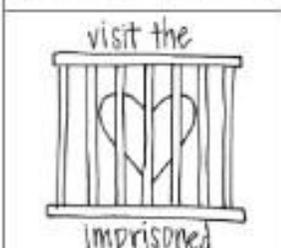
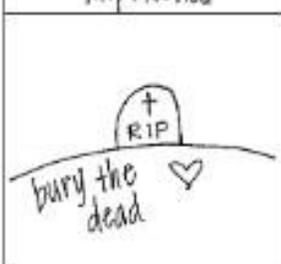
The Corporal Works of Mercy



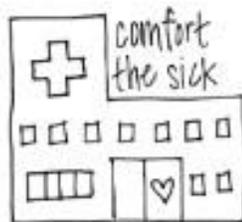
The Spiritual Works of Mercy



The Corporal Works of Mercy

	<ul style="list-style-type: none"> <input type="checkbox"/> Give food to a homeless person <input type="checkbox"/> Donate to a food drive/pantry <input type="checkbox"/> Pay for the person behind you in the drive through <input type="checkbox"/> Bring meals to someone who is sick/recovering <input type="checkbox"/> Volunteer to serve food in a shelter or home <input type="checkbox"/> Set the table, do the dishes, or help cook dinner for your family <input type="checkbox"/> Go shopping & deliver food to someone
	<ul style="list-style-type: none"> <input type="checkbox"/> Donate water to shelters or in an emergency situation <input type="checkbox"/> Offer to get drinks for your friends or family members <input type="checkbox"/> Run a lemonade stand and donate the profits, or just give the drinks away for free <input type="checkbox"/> Take extra water/drinks with you to a sporting event and share <input type="checkbox"/> Pay for the person in the drivethru behind you
	<ul style="list-style-type: none"> <input type="checkbox"/> Volunteer for organizations that build homes for people, have a fundraiser to help <input type="checkbox"/> Donate old furniture, pillows, blankets, etc. to those that need it <input type="checkbox"/> Know where safe places are and tell people about them <input type="checkbox"/> Help someone fix up their house that needs it <input type="checkbox"/> Invite people you know to stay with you when they need (traveling, buying a new house, in an emergency, foreign exchange student) <input type="checkbox"/> Pay a hotel room for someone who needs it, or help pay someone's rent
	<ul style="list-style-type: none"> <input type="checkbox"/> Buy & donate coats for people who need them <input type="checkbox"/> Clean out your closet and donate to an organization or even a family you know <input type="checkbox"/> Collect baby items for moms in need <input type="checkbox"/> Make your own things to donate- hats, scarves, etc. <input type="checkbox"/> Have a garage sale and donate the money
	<ul style="list-style-type: none"> <input type="checkbox"/> Ask a priest to visit the sick person <input type="checkbox"/> Make sure that someone brings them Communion & Anointing of the Sick <input type="checkbox"/> Make a card, call them, bring a thoughtful gift like pillows, games, books, etc. <input type="checkbox"/> Bring someone who is sick a home cooked meal <input type="checkbox"/> Spend time with them, especially if they are stuck at home or in the hospital <input type="checkbox"/> Help them with their medicine or even help pay their medical bills <input type="checkbox"/> Be extra nice to family members when they are sick
	<ul style="list-style-type: none"> <input type="checkbox"/> Encourage your priest to visit someone in prison <input type="checkbox"/> Go and visit someone in prison, send care packages <input type="checkbox"/> Visit someone who is homebound, send cards, call them <input type="checkbox"/> Cook for someone who is homebound <input type="checkbox"/> Visit someone who is hospitalized or who is in residential care <input type="checkbox"/> Go caroling, play instruments, play games, read out loud,
	<ul style="list-style-type: none"> <input type="checkbox"/> Attend funerals & visitations <input type="checkbox"/> Send cards and flowers to grieving family <input type="checkbox"/> Donate to a cause that is special to the family <input type="checkbox"/> Make food for the family <input type="checkbox"/> Visit a gravesite to pray <input type="checkbox"/> Go visit the family and comfort them <input type="checkbox"/> Help clean out the home of the deceased <input type="checkbox"/> Help pay bills related to the funeral

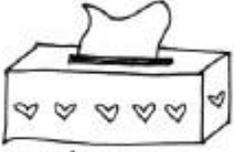
The Corporal Works of Mercy



The Spiritual Works of Mercy

 <p>Counsel the doubtful</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Point someone to the good decision <input type="checkbox"/> Be encouraging <input type="checkbox"/> Willingly explain things <input type="checkbox"/> Share why you have hope <input type="checkbox"/> Encourage someone to talk to an expert, like a priest, teacher, etc. <input type="checkbox"/> Pray that people would have faith <input type="checkbox"/> Pray for people with suicidal thoughts
 <p>Instruct the ignorant</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Give people more time- don't rush them <input type="checkbox"/> If you are good at something, be willing to teach that skill to others <input type="checkbox"/> Be willing to tell stories that you know about the Bible, the Saints, etc. Talk about your faith <input type="checkbox"/> Don't think you are better than someone else because of your knowledge <input type="checkbox"/> Don't be prideful or arrogant when you know something
 <p>Administer the Sacrament</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Kindly and privately talk to the person about the problem <input type="checkbox"/> Suggest that they go to Confession or get advice from a priest <input type="checkbox"/> Help them understand why something is wrong <input type="checkbox"/> Lead people towards the good choice in a situation <input type="checkbox"/> Stop the problem before it happens <input type="checkbox"/> Consider the causes and effects of the problem <input type="checkbox"/> Help them to know that even little things are a big deal
 <p>comfort the sorrowful</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Pray for families that have lost loved ones <input type="checkbox"/> Offer comfort by baking them cookies, making a meal, sending a card <input type="checkbox"/> Go and visit someone who is sad, spend time with them, pray with them <input type="checkbox"/> Do things that make another person happy
 <p>forgive willingly</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Always be willing to forgive someone <input type="checkbox"/> Don't hold a grudge <input type="checkbox"/> Give people a second chance <input type="checkbox"/> Accept other's apologies with kindness
 <p>bear wrongs patiently</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Be patient when you trying to help someone and they don't want your help <input type="checkbox"/> Don't help people expecting a thank you <input type="checkbox"/> Be kind to people who make mistakes <input type="checkbox"/> Let people learn from their mistakes <input type="checkbox"/> Don't be mean back
 <p>Pray for the living and the dead</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Pray with people who are going through hard times <input type="checkbox"/> Ask your friends how you can pray for them <input type="checkbox"/> Memorize the "Eternal rest" prayer and pray it for those who have died <input type="checkbox"/> Pray when you drive past a cemetery <input type="checkbox"/> Pray a Rosary, Divine Mercy Chaplet, Mass, Holy Hour for a specific person <input type="checkbox"/> Remember especially: soldiers, those who are sick or dying, pope, bishops, priests, deacons, and babies who are in danger of abortion

The Spiritual Works of Mercy

 <p>Counsel the doubtful</p>	
 <p>Instruct the ignorant</p>	
 <p>Administer the sacrament</p>	
 <p>comfort the sorrowful</p>	
 <p>Forgive offenses willingly</p>	
 <p>bear wrongs patiently</p>	
 <p>Pray for the living and the dead</p>	

THE BEATITUDES

It is easy to hold on to our faith when we get our way and when others are kind to us. In the Beatitudes, Jesus shows the true test of maturity is holding to faith when we are wronged, endure persecution, or face trials. Jesus demonstrated this spirit when He endured unfair trials, torture, and painful death on the cross. He showed both in the Sermon on the Mount and in His life that, although His principles go against common perceptions, they produce unexpected results.



Matthew 5-7 contains the Sermon on the Mount. The "Christian Constitution," as it is called, contains eight beatitudes. Each presents a specific truth; in totality, they portray a picture of what a Christian should be.

BLESSED ARE . . .



The poor in spirit

A Christian humbly understands who and what he is (Romans 12:3). As a sinner (Ephesians 2:1-3; 1 John 1:8-10), he is unable to improve his spiritual situation by his own effort or worthiness (Romans 6:23; Ephesians 2:1, 8-12). He depends on God's grace for deliverance from sin's consequences (Romans 6:23; 5:6-10).



Those who mourn

One feels godly sorrow when he recognizes his rebellion against God (1 John 3:4; 5:17). This leads to repentance (2 Corinthians 7:10).



The meek

This word means gentle or mild. It refers to willingness to be controlled by God (Ephesians 4:2; 2 Timothy 2:24; James 1:21).



Those who hunger and thirst for righteousness

One longing for righteousness desires a deep relationship with God (Philippians 3:4-14). He commits to do right (cf. Acts 4:18-20; 5:28-29).



The merciful

Mercy is more than sympathy. It is a willingness to alleviate another's suffering (Luke 10:29-37) and extend forgiveness (Acts 7:60; 2 Timothy 4:16).



The pure in heart

This means to be free from anything that corrupts (1 Timothy 1:5; 3:9; 2 Timothy 2:22; James 1:27). It refers to moral purity and undivided love for God (Mark 12:30). Jesus emphasized purity of heart, in contrast to the Pharisees, who emphasized externals (Matthew 23:25-28; Mark 7:1-23).



The peacemakers

Peace is both the cessation of conflict and the pursuit of harmony (Psalm 34:12-14; Romans 12:18; 14:19; James 3:16-18).



Those who are persecuted

Jesus warned disciples they would suffer. (Persecute means to drive away.) Early Christians experienced crucifixion, beheading, stoning, beating, and imprisonment. Persecution also includes insults, slander, and ostracism (Matthew 5:11; Luke 6:22).

Conclusion

The Sermon on the Mount teaches the attitudes needed to begin the Christian life (5:3-5), mature as a Christian (5:6-9) and successfully endure challenges (5:10-12). When we embrace these attitudes, we will be blessed.

Blessed Teresa of Calcutta

Mother Teresa worried about the many poor people in India. She knew Jesus wanted her to help those who were without hope.

Blessed Teresa lived from 1910–1997.

She was born in Macedonia, formerly Albania.

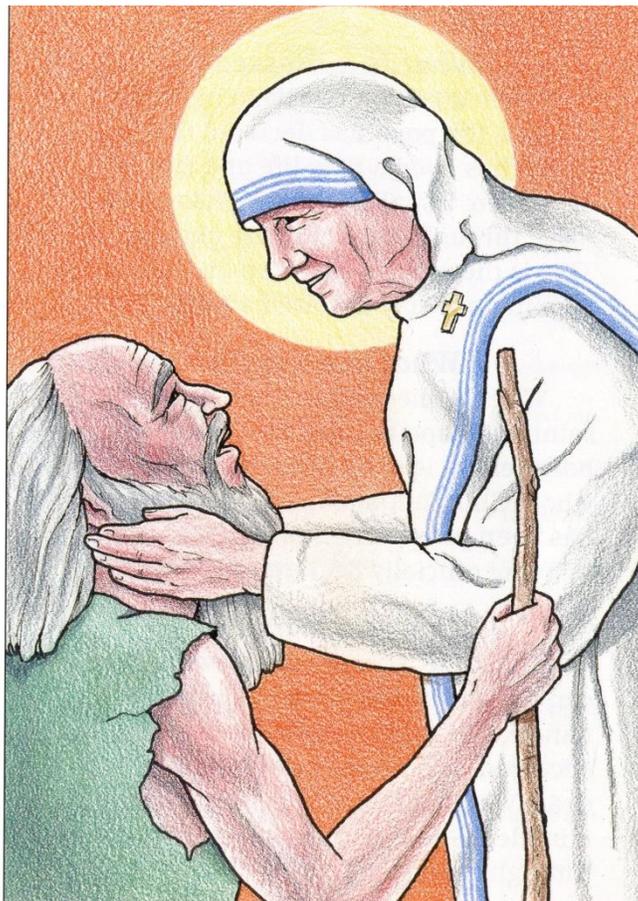
We celebrate her feast day on September 5.

Thousands in Calcutta were sick and dying. Mother Teresa and the Missionaries of Charity started homes to care for them. Some got better. Others died peacefully. Soon the sisters started

helping in other countries, too. They fed the hungry. They took care of the sick. Mother Teresa and her sisters wanted to weave a chain of love around the world.

Blessed Teresa, teach me to care about people who need help.

22



If we pray, we will believe,
if we believe, we will love,
if we love, we will serve.

St. Theresa of Calcutta



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